

Brené Brown, Ph.D., LMSW
Curriculum Vitae

EH brenebrow@mac.com
EO cbbrown@uh.edu
W www.brebrown.com

EDUCATION

**Doctor of Philosophy in Social Work, University of Houston
Graduate College of Social Work, 2002**

Phi Kappa Phi Honor Society

Master of Social Work, University of Houston Graduate College of Social Work, 1996

Phi Kappa Phi Honor Society

Concentration: Political Social Work

Bachelor of Social Work, The University of Texas at Austin, 1995

Recipient of the *Booker T. Washington Scholarship for Academic Achievement*

Recipient of the *UT School of Social Work Project Prepare Stipend for Commitment to Children's Issues.*

EMPLOYMENT

University of Houston Graduate College of Social Work

August 2004 – Current, Assistant Professor of Social Work Research

August 2002 – May 2004, Assistant Professor of Social Work

January 1998 – May 2002, Adjunct Faculty

Behavioral Health Scholar-in-Residence at The Council on Alcohol and Drugs Houston 2008-2009

United Nations Decade of Non-Violence Peacemaker Award 2005

Outstanding Faculty Award 2004

Who's Who in Social Science Higher Education 2004

University of Houston – Clear Lake School of Human Sciences and Humanities

June 2000 – June 2001 Assistant Professor, Director, (BSW) Program

Developed BSW program mission and objectives, curriculum, admissions criteria, policies and procedures, program budgets for FY2000 and FY2001; advised all potential BSW students; facilitated on-going communication with CSWE accreditation staff; developed UHCL BSW Advisory Committee; planned and facilitated CSWE candidacy visit; and taught BSW level social work courses, undergraduate and graduate psychology courses and undergraduate and graduate sociology courses.

Neighborhood Centers Inc., Houston, Texas

September 1996 – June 1999

Academic Liaison (6/97- 2/98): Developed an internship placement program for the agency. Responsible for the recruitment, coordination, and supervision of bachelor and graduate level social work interns from the University of Houston Graduate School of Social Work and Texas Southern University. Planning and Evaluation Coordinator (9/96 - 6/97): Responsible for evaluating all agency programs and working with the executive team to develop the agency's 1998 strategic plan.

Youth Alternatives, Inc., San Antonio, Texas

October 1993 – November 1994

Counselor: Worked with adolescent girls at residential treatment facility.

TEACHING

UNIVERSITY OF HOUSTON GRADUATE SCHOOL OF SOCIAL WORK

Courses Taught:

Advocacy Based Social Work Research
Critical Issues in Political Social Work
Empowerment
Feminist Practice
Global Justice: Problems, Patterns and Perspectives
Nonprofit Fiscal Management and Budgeting (Distance Education Instructional Television)
Shame, Empathy & Resilience
Social Welfare Policy Analysis
Women's Issues

UNIVERSITY OF HOUSTON – CLEAR LAKE

Courses Taught:

Families in Society
Foundations of Social Work Practice
Introduction to Social Work
Minorities in America

RESEARCH & SCHOLARSHIP

Dissertation

Brown, C.B. (2002). *Acompañar: A grounded theory of developing, maintaining and assessing relevance in professional helping. Dissertation Abstracts International, 63(02)*. (UMI No. 3041999).

Publications

Brown, B. (2007). *I thought it was just me: Women reclaiming power in a culture of shame*. New York: Penguin/Gotham.

Brown, B. (2007). Feminist Standpoint Theory. In S.P.Robbins, P.Chatterjee & E.R.Canda (Eds.), *Contemporary human behavior theory: A critical perspective for social work* (Rev. ed.). Boston: Allyn and Bacon.

Brown, B. (2007). Shame Resilience Theory. In S.P.Robbins, P.Chatterjee & E.R.Canda (Eds.), *Contemporary human behavior theory: A critical perspective for social work* (Rev. ed.). Boston: Allyn and Bacon.

Brown, B. (2006). Shame resilience theory: A grounded theory of women and shame. *Families in Society, 87(01)*.

Brown, B. (2004). *Women and shame: Reaching out, speaking truths and building connection*. Austin: 3C Press.

McPhail, B., Brown, B, Holmes, K. (2004). *The status of women and girls in Greater Houston*. Houston, TX: Women's Resource of Greater Houston.

Karger, H., & Midgley, J. & Brown, B. (Eds.). (June, 2002). *Controversial issues in social welfare policy* (2nd ed.). Boston: Allyn and Bacon.

Brown, B. (1999). Searching for a theory: The journey from explanation to revolution. *Families in Society*, 80 (4), 359-366.

Brown, B. (1997). *Nonprofit Business Plans*. Houston, Texas: University of Houston Graduate School of Social Work, Center for Organizational Research and Effectiveness.

Brown, B. (1996). *The pricing project: Developing a pricing structure for organizational development consulting*. Houston, Texas: University of Houston Graduate School of Social Work, Center for Organizational Research and Effectiveness. *Funded by a grant from the University of Houston Continuous Quality Improvement Committee*.

Publications in Preparation and Review

Brown, B. (2006). *Women, Shame and Insulation. Using systems of difference to build false protections*.

Brown, B. (2006). *Big webs and small boxes: A qualitative study of gender and shame*.

Brown, B. (2006). *You can't make me go: Why shame is a barrier to health care utilization*.

Brown, B. (2006). *Courage, Compassion and Connection: Deconstructing the elements of shame resilience*.

Newspaper Op/Ed Articles

Brown, B. (2007, February 17). Voice Lessons from the Dixie Chicks [Op/Ed]. *Houston Chronicle*, p. B9.

Brown, B. (2006, January 31). Rising above the Frey: There's no 'truthiness' in lives of recovering addicts [Op/Ed]. *Houston Chronicle*, p. B9.

Brown, B. (2005, March 5). Sorry, Dr. Brothers, but shame isn't 'good' for us [Op/Ed]. *Houston Chronicle*, p.32A.

Brown, B. (2003, February 14). In defense of passion, but not Clara Harris' crime [Op/Ed]. *Houston Chronicle*, p.41A.

Brown, B. (2002, September 30). Reality TV bites: Bracing for a new season of bullies [Op/Ed]. *Houston Chronicle*, p. 23A.

Grant Applications and Awards

Brown, B. Principal Investigator (Awarded November 2006). Shame Resilience Curriculum. Alice Kleberg Reynolds Meyer Foundation.

Brown, B. (Awarded August 2003). Faculty Development Initiative Program, University of Houston Educational Technology and Outreach.

COMMUNITY ENGAGEMENT

2009

- Hazelden Women Healing Conference, Chicago, IL, December 4-5, 2009
- The Renfrew Center, Fall Conference, November 12, 2009
- Southwest Association of Episcopal High Schools, Annual Conference, Houston, TX, November 5-7, 2009
- Hazelden Women Healing Conference, White Plains, NY, October 30-31, 2009
- Hazelden Women Healing Conference, Seattle, WA, October 9-10, 2009
- Hazelden Women Healing Conference Tampa, FL, May 15-16, 2009
- Hazelden Women Healing Conference, Minneapolis, MN, April 17-18, 2009
- Hazelden Women Healing, Honolulu, HI, March 13-14, 2009
- The UP Experience, Unique Perspectives from Unique People, February 19, 2009
- Alamo Heights High School, Parent Student Teacher Organization, San Antonio, TX, February 16-17, 2009
- Laity Lodge Women's Retreat, Kerrville, TX, January 19-22, 2009

2008

- Minnesota's 5th Annual Statewide Conference on Female Offenders, University of Minnesota, St. Paul Campus, November 11-13, 2008
- National 2-Day Training for the Connections Curriculum, Houston, TX, November 7-8, 2008
- 12th National Conference of Women Working in Corrections and Juvenile Justice, Keynote and Workshop, Des Moines, IA, October 26-27, 2008
- Utah's 30th Annual Fall Substance Abuse Conference, Keynote and Workshop, Layton, UT, October 3, 2008
- The Gifts of Imperfect Parenting: Raising Children with Courage, Compassion and Connection, The Children's Museum of Houston, September 23, 2008
- Morelock Pastoral Care Symposium, Memorial Hermann Hospital Clinical Pastoral Education, Houston, TX, September 19, 2008
- An Evening with Harriet Lerner & Brené Brown, Houston, TX, September 16, 2008
- Women & Courage: Expressing Women's Wisdom in the 21st Century, The Omega Institute for Holistic Studies, Rhinebeck, NY, September 12-14, 2008
- Risk Reduction Nurses' Education Day, Methodist Hospital, August 2, 2008
- "I Thought It Was Just Me", The Omega Institute for Holistic Studies, Rhinebeck, NY, July 25-27, 2008
- Methodist Hospital System, Women's Health, Weekend Retreat, July 11-13, 2008
- The Gifts of Imperfect Parenting: Raising Children with Courage, Compassion and Connection, The Children's Museum of Houston, April 22, 2008
- Nobel Women's Initiative Planning Meetings, Fredericksburg, VA, April 7-9, 2008
- St. Andrew's Episcopal Church, Diocese of Northwest Texas Deacons' Retreat, Amarillo, TX, March 27-30, 2008
- St. Andrews Episcopal School, *The Gifts of Imperfect Parenting: Raising Children with Courage, Compassion and Connection*, Austin, TX, March 6, 2008
- Women's Studies Week, University of Houston Clear Lake, Lecture and Book Signing, March 3, 2008
- The Jung Center – Distinguished Lecturer series, *Empathy: The Heart of Connection*, Houston, TX, February 23, 2008

- Methodist Hospital, Palliative Medicine Grand Rounds, Empathy, Vulnerability and Shame Resilience: Developing Meaningful Connections with Patients and Families, Houston, TX, February 12, 2008
- Houston Group Psychotherapy Society, Houston, TX, January 11, 2008
- The Houston Seminar, *The Pursuit of Perfection: I Thought It Was Just Me*, January 9, 2008 and January 12, 2008
- Jewish Federation Breakfast for Business and Professional Women, Houston, TX, January 10, 2008

2007

- Hazelden Women Healing Conference, Chicago, IL, November 30 – December 1, 2007
- The University of Maryland School of Social Work, November 2, 2007
- Southwestern Association of Episcopal Schools 2007 Conference, *Empathy and Shame: Where Connection and Learning Begin and End*, Houston, TX, November 9-10, 2007
- Hazelden Women Healing Conference, White Plains, NY, October 26-27, 2007
- Baylor College of Medicine, Menninger Department of Psychiatry and Behavioral Sciences, Grand Rounds, October 17, 2007
- River Oaks Baptist Church, "How Big is Your Fig Leaf?", Lecture and Discussion, Houston, TX, October 18, 2007
- The Jung Center – Distinguished Lecturer series, *Reclaiming Power and Courage in a Culture of Shame*, Houston, TX, October 13, 2007
- Shell Oil - 2007 SEA Shell GLBTS Network Annual Learning Conference, Houston, TX, October 12, 2007
- 9th Annual Protecting Texas Children Conference, "The Role of Shame in Risk to Children", Houston, TX, October 2, 2007
- Hazelden Women Healing Conference, San Francisco, CA, September 28-29, 2007
- Omega Institute and V-Day's Women, Power and Peace Conference, Rhinebeck, NY, September 14-17, 2007
- The Council on Alcohol and Drugs – Houston, Exploring Shame & Building Resilience: A New Psychoeducational Approach for Helping Men, Women, Couples and Families Develop Shame Resilience, Houston, TX, July 20, 2007
- The State Associations of Addiction Services National Conference for Executive and Senior Managers in Addiction Services, Plenary - *"The Only Constant is Change: Developing Connection and Courage in Overstressed and Anxious Organizations"*, Chicago, IL, July 10, 2007
- Nobel Women's Initiative, Women Redefining Peace: The Middle East & Beyond, Galway, Ireland, May 29-31, 2007
- Hazelden Women Healing Conference, Tampa, FL, May 18-19, 2007
- Gender: The Unnecessary Divide, St. Luke's Methodist Church, Houston, TX, May 6, 2007
- Hazelden Women Healing Conference, Minneapolis, MN, April 20-21, 2007
- Hazelden Graduate School of Addiction Studies, Women, Shame and Resilience, Faculty Lecture, April 19, 2007
- Exploring Shame and Building Resilience: A Psycho-Educational Approach for Helping Men, Women, Couples and Families, Boise, ID, April 12, 2007
- Exploring Shame and Building Resilience: A Psycho-Educational Approach for Helping Men, Women, Couples and Families, Portland, OR, April 11, 2007
- 30th Annual Governor's Conference on Substance Abuse, Keynote Address *Embracing Change with Courage, Compassion and Connection*, Des Moines, IA, April 10, 2007
- Girl Scouts of America, San Jacinto Council, March 31, 2007

- Houston Area Marriage and Family Therapists, Connections: Shame Resilience Curriculum, The United Way, March 29, 2007
- Brigid's Hope, Christ Church Cathedral, Houston, TX, March 28, 2007
- Harris County Hospital District, Practicing Empathy with Difficult Patients and Families, The United Way, Houston, TX, March 20, 2007
- Alamo Heights High School, Parent, Student, Teacher Organization, Substance Abuse Prevention Day, San Antonio, TX, March 9, 2007
- The Jung Center – Distinguished Lecturer series, *Reclaiming Power and Courage in a Culture of Shame*, Houston, TX, March 7 – April 4, 2007
- Reading and Book Signing, The Twig Book Shop, San Antonio, TX, February 28, 2007
- Reading and Book Signing, The Brazos Book Store, Houston, TX, February 27, 2007
- *I Thought It Was Just Me*, Lecture and Discussion, University of Houston, Women's Resource Center, February 13, 2007
- Empathy and Shame: Where Character Education and Learning Begin and End, Workshop for Education Professionals, Portland, OR, February 9, 2007
- Empathy and Shame: Where Character Education and Learning Begin and End, Workshop for Education Professionals, Chicago, IL, February 8, 2007
- Reading and Book Signing, Women and Children First Bookstore, Chicago, IL, February 7, 2007
- Lecture and Discussion, Brigid's Hope, Christ Church Cathedral, Houston, TX, February 4, 2007

2006

- The Texas Council on Family Violence 24th Annual Conference, Austin, TX, October 2006
- Planned Parenthood, Brazos Bookstore, Houston, TX, September 2006
- The Council on Drugs and Alcohol – Houston, TX, August 2006
- Browning Elementary School, Houston, TX, August 2006
- Houston Association of Marriage and Family Therapists, Houston, TX, August 2006
- Children's Assessment Center, Houston, TX, April 2006
- The Children's Assessment Center, Houston, TX, April 2006
- The Women's Home, Houston, TX, April 2006
- Montrose Counseling Center, Houston, TX, April 2006
- Mothers of Preschoolers, Houston, TX, March 2006
- The Institute for Rehabilitation & Research, Houston, TX, March 2006
- Duke University Hospital, Raleigh, North Carolina, March 2006
- Women's Studies, University of Houston Clear Lake, February 2006
- The Women's Home, Houston, TX, February 2006
- University of Houston – Clear Lake, Family Therapy Association, January 2006

2005

- The Institute for Rehabilitation & Research, Houston, TX, October 2005
- Spectrum Conference on Addiction and Recovery, Houston, TX, October 2005
- United Nations Decade of Non-violence, Houston, TX, September 2005
- Asians Against Domestic Abuse, Houston, TX, April 2005
- Council on Alcohol and Drugs, Houston, TX, April 2005
- Society for Social Work Leadership in Healthcare, National Conference, Houston, TX, April 2005
- Fort Bend Family Health Center, Richmond, TX, April 2005
- St. Luke's Hospital, Houston, TX, March 2005
- The Bridge Over Troubled Waters, Pasadena, TX, March 2005
- Memorial Hermann Prevention and Recovery Center, Houston, TX, March 2005

- Council on Alcohol and Drugs – Houston, TX, March 2005
- Unity Church of Christianity, Houston, TX, March 2005
- Houston Association of Marriage and Family Therapists, Houston, TX, March 2005

2004

- Meds-PDN Continuing Education for Mental Health Professionals, Boston, MA, December 2004
- Meds-PDN Rochester Institute of Technology, Rochester, NY, December 2004
- State conference on women's mental health sponsored by the Mental Health Association and Menninger Hospital, Houston, Texas, November 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Fargo, ND, November 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Minneapolis, MN, November 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Des Moines, IA, November 2004
- Society for Social Work Leadership in Healthcare, October 2004
- Montrose Counseling Center, Houston, TX, October 2004
- Emerson Unitarian Church, Houston, TX, October 2004
- First Unitarian Church, Houston, TX, October 2004
- University of Pittsburgh School of Social Work, October 2004
- Case Western Reserve University, Mandell School of Social Sciences, October 2004
- Houston Area Women's Center, Houston, TX, September 2004
- Montgomery County Women's Center, Conroe, TX, September 2004
- University of Maryland – Baltimore, School of Social Work, September 2004
- River Oaks Women's Breakfast Club, Houston, TX, July 2004
- University of Houston Social Work Alumni Association, July 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Boise, ID, July 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Reno, NV, July 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Eugene, OR, July 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Portland, OR, July 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Austin, TX, June 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Dallas, TX, June 2004
- Meds-PDN Continuing Education for Mental Health Professionals, San Antonio TX, June 2004
- University of Maryland – Baltimore, School of Social Work, May 2004
- University of Pittsburgh, School of Social Work, May 2004
- Montgomery County Women's Center, The Woodlands, TX, April 2004
- University of Houston Graduate School of Social Work, Continuing Education, Houston, TX, February 2004
- National Association of Social Workers, Houston, TX, February 2004

2003

- Women's American Medical Association, University of Texas Health Science Center, Houston, TX, November 2003
- University of Houston Graduate School of Social Work, Continuing Education, Houston, TX, May, 2003
- University of Houston – Clear Lake, Social Work Seminar, Houston, TX, February 2003
- University of Houston Graduate School of Social Work, Continuing Education, Houston, TX, May 2003

RADIO & TELEVISION INTERVIEWS

KPFT – Radio Pacifica

January 2006 – September 2006

Co-host on *Thresholds*

Radio Interviews on Women & Shame

- Interview with Jean Chatzky, *Oprah and Friends XM Radio*, January 29, 2008
- CNN, Money Makeover, May 8, 2006
- KPFT, Sister Space, Houston, July 1, 2005
- WSIU, Illinois Public Radio, April 4, 2005
- Adrienne Berg, National Syndication, April 3, 2005
- KYW- AM, Philadelphia, PA, March 10, 2005
- Jack Roberts Live, Cable Radio, March 10, 2005
- KAAA-AM, AZ, NV, CA, March 10, 2005
- WQUB – National Public Radio, MO, IA, March 10, 2005
- Tom Pope – Powernomics, National, March 10, 2005
- WMYX, Milwaukee, WI, March 4, 2005
- WVOX, New York, December, 2004
- KLUP, San Antonio, TX, August, 2004

Television Interviews on Women & Shame

- KENS-5, CBS station, Great Day SA, San Antonio, July, 2004.

COMMITTEE AND PROFESSIONAL SERVICE

Commissioner, Council on Social Work Education

Commission on the Role and Status of Women (1st Term 1998-2001 / 2nd Term 2001 - 2004)

Council on Social Work Education

2001 Abstract Review Committee

Southern Association of Colleges and Schools (SACS)

Subcommittee on Community Relationships and Internal Communication

University of Houston – Clear Lake

CERTIFICATIONS AND LICENSES

Licensed Master Social Worker - Texas State Board of Social Worker Examiners

License #30041

1997 - Present

Mediation Certification

Dispute Resolution Center

1999 - Present